

# Mental Health and Addictions Service Coordination Council

A community approach for better care  
for the residents of York Region

## Newsletter May | 2016



> To learn more about the Central Local Health Integration Network (LHIN) Integrated Health Service Plan (IHSP) for 2016-2019, click here: <http://www.centrallhin.on.ca/goalsandachievements/IHSP2016-2019.aspx>



There is no greater agony than bearing an untold story inside you

- Maya Angelou



## The Service Coordination Council (SCC) Update

### **New members**

We welcome our newest SCC members: Kathleen Mochnaki, family member; and, Dr. Javed Alloo, a primary care physician.

### **We are online!**

SCC members, friends, colleagues, and family can find materials from our SCC meetings such as meeting notes, presentations, Terms of Reference and more at: <http://www.cmha-yr.on.ca/service-coordination-council/>

We also have a SCC members site at **Basecamp.com** where SCC members can access the above mentioned documents, the meeting schedule, supplementary presentations, task lists, research documents, a message board and more.

### **SCC Meetings**

The SCC's second meeting was on March 22 and the next is scheduled for May 24.

Highlights from the March 22 meeting include updates about the Rapid Response Table and an overview from CLEAR about the Economic Evaluation Exercise.

## Introducing the Rapid Response Table

### **Introduction and Background**

We are very pleased to announce that on March 8, 2016, we launched a community agency-driven crisis response table for people with mental health and addictions called the Rapid Response Table (RRT).

Community agency representatives meet twice weekly to review situations where a person may be in "acutely elevated risk (AER)". Generally, AER is understood to include a situation where a person is in imminent risk of inflicting harm to themselves or others.

Consistent with the SCC's guiding principles, by working together collaboratively, we are able to combine each of our agency strengths and resources in order to better serve community residents, decrease risk, and improve outcomes.

Once a situation is deemed to be AER, agency partners participating in the coordinated response, immediately intervene to ensure that the person in AER is connected to appropriate, timely, and effective supports.

### **Community Agency Partners**

The following cross-sectoral community agencies are members of the RRT:

- York Region Paramedic Services (EMS)
- York Regional Police
- York Support Services Network (YSSN)
- Addiction Services York Region (ASYR)
- LOFT Community Services
- Canadian Mental Health Association (CMHA), York and South Simcoe
- York Region Children's Aid Society (CAS)
- Regional Municipality of York (Community Partnerships & Support Services, and Homelessness Community Programs)
- Community Care Access Centre (CCAC)
- Southlake Regional Health Centre

### **Link to the SCC**

The RRT's performance will be tracked and assessed. Findings from the RRT's performance will be presented to the SCC and may be used to help inform future planning.

“Never give up on someone with a mental illness. When “I” is replaced by “We”, illness becomes wellness.”

## Robert (Bob) Veltheer (1938-2016)

It is with great sadness that we acknowledge the passing of one of our Service Coordination Council Members, Robert (Bob) Veltheer.

Bob died on February 7, 2016. He was the founding President of Home on the Hill Supportive Housing and will be dearly missed by his family, friends and colleagues.

Bob was a warm and friendly person, and a passionate advocate for people with mental health and addictions challenges and their families.

In particular, Bob advocated for more supportive housing units. Bob’s spirit and voice will not be forgotten as the SCC strives towards its goals. For more information about Bob, see: <http://www.marshallfuneralhome.com/book-of-memories/2378455/Veltheer-Robert/obituary.php>



### Health Service Provider Profile

**Krasman Centre (KC)** is a peer-based community mental health and addiction agency with locations in Richmond Hill, and Alliston. Founded in 1998, KC is unique in that it is a Consumer/Survivor Initiative (CSI); governed, led and staffed entirely by people who identify as having direct lived experience of mental distress and/or addictions, as well as family members/caregivers.

As a CSI, KC is guided by a set of person-centred values that include mutual learning, self-determination and autonomy, social justice, and a sense of community.

### Krasman Centre’s Vision

To create a vibrant welcoming place where consumer/survivors come first and to provide the support that builds their confidence, inspires their creativity, recognizes their potential and engages them in positive, long-lasting change.

[krasmancentre.com](http://krasmancentre.com)

## One Stop Shop Directory

As approved by the Central LHIN Board July 2015, the SCC is leading the development of a One Stop Shop Directory for mental health, addictions and housing services. The Central LHIN Board approved Action Plan calls for: Supporting the creation of a stronger network of services by leveraging existing listings and access points to identify and gain agreement on a ‘one-stop shop’ for listing of all resources (mental health/addictions and housing) that will simplify the navigation process for both the community and providers.

We have been in the process of consulting with colleagues, peers and people with lived experience in the development of this directory. Stay tuned for the official launch soon.

We would like to thank everybody that contributed their thoughts and suggestions, including people from the Krasman Centre, Southlake Regional Hospital, York Support Services Network, York Regional Police, Social Services Network and CMHA. If you have questions, please contact Jim Cressos at 905-841-3977 x 2223 or [jcressos@cmha-yr.on.ca](mailto:jcressos@cmha-yr.on.ca)



*"My scars show pain & suffering, but they also show my will to survive. They're part of my history."*

