



**Canadian Mental
Health Association**
York and South Simcoe
Mental health for all

CANADIAN MENTAL HEALTH ASSOCIATION – YORK REGION

VOLUNTEER PLACEMENT DESCRIPTION

Position Title:	Program Volunteer – Vaughan Social Circle
Reports To:	Community Connections Staff
Location:	Vaughan – Mens Sana
Purpose:	To assist in the Community Connections Programs
Reviewed/Revised:	November 2017

MISSION STATEMENT OF AGENCY

As the nation-wide leader and champion for mental health, CMHA facilitates access to the resources people require to maintain and improve mental health and community integration, build resilience, and support recovery from mental illness.

PURPOSE

This group meets every Wednesday 1:00pm-3:00pm in Vaughan at the Mens Sana program located at 3200 Steeles Ave. W. The social circle is run by 2 Occupational Therapists and is a joint program of Community Connections and the Southwest ACTT team. The program supports members to develop recovery-oriented skills including cooking, relaxation, creative expression, self-care, recreation as well as promoting social engagement.

RESPONSIBILITIES AND DUTIES

- To adhere to CMHA's written volunteer policies and procedures
- Maintains confidentiality with respect to information about clients, family members and others
- Inform supervisor immediately of concerns regarding the welfare of clients
- Inform supervisor of issues that might interfere with the running of the program.
- Inform supervisor of issues that might interfere with volunteer placement or performance of volunteer role
- Greet members as they arrive, make sure that they sign in

- Keep members aware of program changes
- Responsibility for informing supervisor when supplies are needed
- Be aware of health and safety procedures
- Bring questions to staff as they arise
- Make people feel welcome and comfortable
- Assist program staff with activities and programming
- Provide orientation to new members
- Develop, support, and/or deliver groups as per unique skills and experience
- To offer clients informal support
- Contribute to the development of the agency/program

QUALIFICATIONS

- Good organizational & time management skills
- Ability to work with limited supervision following orientation
- Willingness to assist clients & staff of program
- Works well with others and enjoys helping when needed
- Easily adapts to changing environments
- Respectful, compassionate
- Knowledgeable and resourceful
- Some experience leading a group
- Skills in cooking are an asset

COMMITMENT

- Completion of general orientation and on-the-job training; to be arranged with Supervisor
- Monthly Activity Forms identifying volunteer hours will be completed and submitted to the supervisor for signature at the end of each month
- A minimum of 6 month commitment
- Attend program's team meeting as needed
- Attend volunteer schedule as agreed with program manager
- Complete a Vulnerable Sector Check
- Commit to attending group weekly on Wednesdays between 12:45pm-3:15pm

CMHA, York Region Branch supports the recovery of people with mental illness and promotes diversity in the workplace. We encourage consumers, women, aboriginal people, people with disabilities, and members of the LGBTQ, visible minority and immigrant communities to apply.

To request this posting in an alternate format or to request accommodation in the application process, contact us by email at nbrouillard@cmha-yr.on.ca

While we thank all candidates for their interest, only those selected for an interview will be contacted.