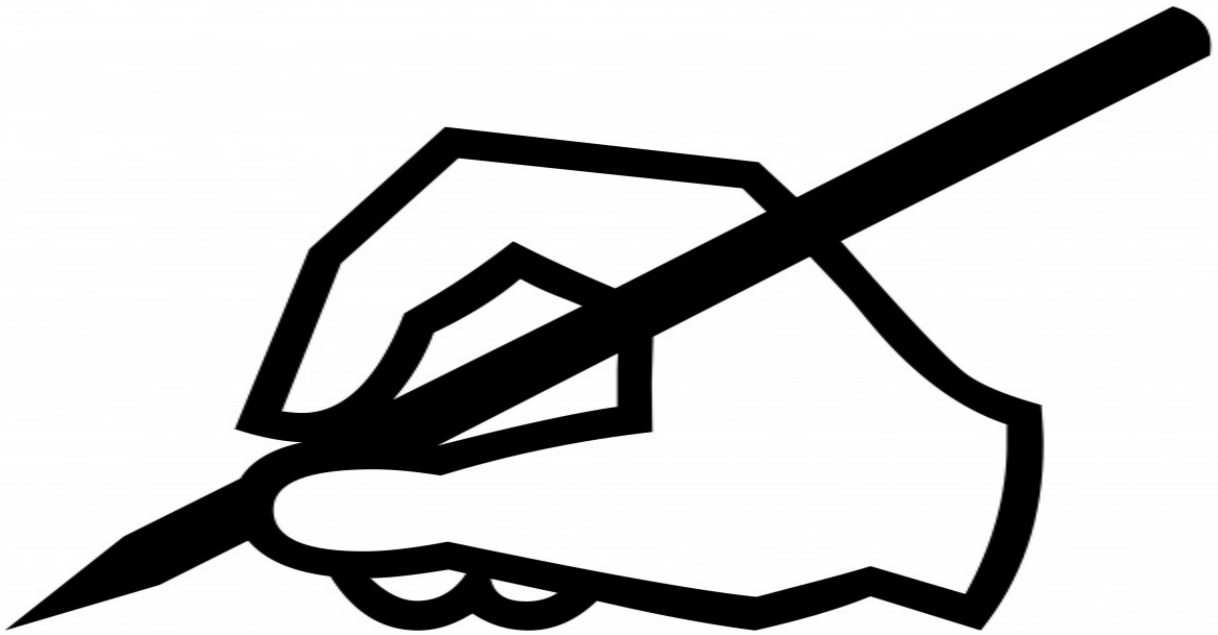


NEW



“Creative Writing Group”:
Independent Work

(NO TEACHING)

(QUIET TIME EXERCISE FOR HALF AN HOUR)

For journaling, writing newsletter of Mindful Digest, or
personal/private time.

@ Tony Wong Place. Tuesdays 3-3:30pm

See YOU in January 2017

****Bring own notebook and pen****