

SOUTH SIMCOE MENTAL HEALTH RESOURCE LIST

ABUSE		
Athena's Sexual Assault Counselling & Advocacy		705-737-2884 Crisis Line: 705-737-2008 / 1-800-987-0799
Children's Aid Society of Simcoe County	Alliston	705-435-4348 or 1-800-461-4236
	Bradford	905-775-4336 or 1-800-461-4236
Elizabeth Fry House		705-725-0613
My Sister's Place		705-435-3993
Simcoe Outreach Services – Alliston		705-435-3594
ADDICTIONS		
Krasman Centre: Mental Health & Addiction Drop - In		705-435-0054 or 1-888-780-0724
Mental Health and Addiction Services of Simcoe County		705-726-5033 or 1-800-461-4319
Royal Victoria Hospital: Mental Health & Addiction Services		705-728-4226
Simcoe Outreach Services — Alliston		705-435-3594
South Simcoe Mental Health & Addiction		705-728-4226
BEREAVEMENT		
Bereaved Families of Ontario – York Region		905-898-6265 or 1-800-969-6904
Matthew's House Hospice		705-435-7218
CRISIS / DISTRESS LINES		
Carah House – CMHA Barrie		705-728-5044 or 1-888-893-8333
Kids Help Phone (24 hrs)		1-800-668-6868
Mary McGill Community Mental Health Centre		705-434-5140
Simcoe County Mental Health Crisis Line		705-728-5044 or 1-888-893-8333
Telecare - Orillia		705-726-7922
EMPLOYMENT		
CMHA, York Region Branch – Employment Program		1-866-345-0183
Contact: Employment Resource Centre Bradford		905-778-9058 or www.contactsouthsimcoe.ca
FOCUS		
Mental Health & Addiction Services of Simcoe County		705-726-5033 or 1-800-461-4319
FINANCIAL		
Ontario Disability Support Program		705-737-1311 or 1-800-461-7551 ext. 1
Ontario Works		905-729-4514 (Bradford) / 705-722-3132 (Simcoe) ext. 3
FOOD BANKS		
Alliston Christian Fellowship - ZOUMI Community Lunch		705-435-7293
Bradford Food Bank		905-778-2824
Good Food Box		705-435-0054
Good Shepherd Food Bank of Alliston		705-435-3255 / After Hours: 705-435-7936 / 705-435-4461
Our Town Food Bank - Tottenham		905-936-6293
HEALTH		
AIDS Committee of South Simcoe		705-722-7668
HOUSING & SUPPORT SERVICES		
CMHA, York Region Branch		1-866-345-0183

Contact: Housing Centre Alliston / Bradford		705-435-4900 ext. 206 or www.contactsouthsimcoe.ca
Mental Health & Addiction Services of Simcoe County		705-726-5033 or 1-800-461-4319
LEGAL		
Community Legal Clinic – Simcoe, Haliburton, Kawartha		1-800-461-8953
CMHA, York Region Branch – Mental Health & Justice		1-866-345-0183 or 905-775-8609 (Bradford office)
Mental Health and Addiction Services of Simcoe County		705-726-5033 or 1-800-461-4319
MENTAL HEALTH		
Catholic Family Services of Simcoe County		705-726-2503 or 1-888-726-2503
CMHA, York Region Branch		1-866-345-0183
Community Living Association of South Simcoe		705-435-4792
Krasman Centre: Mental Health & Addiction Drop - In		705-435-0054 or 1-888-780-0724
Mary McGill Community Mental Health Program		705-434-5140
Mental Health and Addiction Services of Simcoe County		705-726-5033 or 1-800-461-4319
Royal Victoria Hospital:		705-728-9090 or 705-728-9802 (Switchboard)
	Community Treatment Orders	705-728-9090 ext. 24300
	Mental Health Outpatient / Medication Clinic	705-728-9090 ext. 4140
	Mental Health Support Services	705-726-7490 ext. 24300
	Simcoe County Eating Disorder Services	705-728-9090 ext. 47116
Telehealth Ontario		1-866-797-0000 or 1-866-797-0007 (TTY)
MENTAL HEALTH - YOUTH		
Mary McGill Community Mental Health Program		705-434-5140
New Path Youth & Family Services		705-725-7656 or 1-866-566-7656
The Door (Youth Centre) - Alliston		705-435-6224
PHYSICIAN/THERAPIST REFERRALS		
College of Physicians and Surgeons (Find A Doctor – online)		www.cpso.on.ca
General Practice Psychotherapy Association		416-410-6644 or www.gppaonline.ca
Health Care Connect (Find A Doctor – phone)		1-800-445-1822
Ontario Association for Marriage & Family Therapy		1-800-267-2638
Ontario Psychological Association		416-961-0069 or 1-800-268-0069
Simcoe / Muskoka Health (www.simcoemuskokahealth.org)		1-877-721-7520 or 1-888-225-7851 (emergency)
SELF HELP		
211 Community Information and Volunteer Centre		www.211ontario.ca
Contact		705-435-4900 or www.contactsouthsimcoe.ca
Krasman Centre		705-435-0054 or 1-888-777-0979 (Warm Line)
The Learning Centre – Alliston		705-435-7778
The Learning Centre – Georgina		905-476-9900
Literacy Council of South Simcoe		705-435-5624
Yorklink		www.york.ca/NR/yorklink/search
The Well		705-250-9355
Fierte Simcoe Pride		www.fiertesimcoepride.com