

Mental Health and Addictions Service Coordination Council

A community approach for better care
for the residents of York Region

Member Newsletter January | 2016



Nancy Lum-Wilson
Co-Chair, SCC



Rebecca Shields
Co-Chair, SCC



The Central LHIN shapes our work through the voices of our patients and their families. By listening to these vital stakeholders, we can continue to build a strong, sustainable system that will be here for our residents today, and well into the future. Together, we truly are better.

Kim Baker, CEO, Central LHIN



Hello and Welcome.

We are thrilled to launch this newsletter to share information and updates on the work of the Mental Health and Addictions Service Coordination Council.

In March 2015, the Central LHIN, in partnership with the Region of York, hosted a Mental Health and Addictions Housing Supports Planning Summit. The recommendations from this Summit formed the basis of a multi-year **Mental Health and Addictions Supports within Housing Action Plan for York Region** that was approved by the Central LHIN Board in July 2015.

One of the key recommendations of the Action Plan was the establishment of a Service Coordination Council that would be accountable to the Central LHIN to advance the initiatives in the Action Plan.

Collectively, with a patient and family centred model, we will transform and improve services and supports in Central LHIN, resulting in enhanced wellbeing and improved outcomes for persons living with mental illness and addictions.

Learn more here: <http://www.cmha-yr.on.ca/wp-content/uploads/Multi-Year-Action-Plan-Will-Tackle-Mental-Health-and-Addictions-Issues-in-York-Region-August-2015.pdf>

We look forward to working with you throughout this process.

Nancy Lum-Wilson & Rebecca Shields

The members of the Service Coordination Council

Nancy Lum-Wilson, Director, Health System Planning & Design
Central LHIN, Co-chair of the Council

Rebecca Shields, CEO Canadian Mental Health Association York Region, Co-chair of the Council

Ed Beaty, member with Lived/Family Experience

Carolyn Bishop, Superintendent,
York Regional Police

Monica Bryce, Head Strategist
Initiatives Community and Health Services Department, Region of York

Janice Chu, Director, Programs,
Grant & Capacity Building, United Way Toronto & York

Theresa Claxton-Wali, member with Lived/Family Experience

Maria De Cicco, member with Lived/Family Experience

Susan Dobson, Executive Director,
Krasman Centre, member with Lived/Family Experience

Rick Farrell, General Manager,
Housing Services, Region of York

Annette Jones, Chief Nursing Officer, VP Clinical Experiences,
Southlake Regional Health Centre

Marie Lauzier, Executive Director,
York Support Services Network

Penny Marrett, Executive Director,
Addiction Services York Region

Jim Nason, Director, Operations,
LOFT Community Services

Sumathi Prabakaran, member with Lived/Family Experience and Executive Director, Social Services Network

Chris Spearan, Deputy Chief/Director of Care, York Region Paramedic and Senior Services

Robert Veltheer, member with Lived/Family Experience and Chairman, Home on the Hill Supportive Housing

VACANT, Primary Care Provider

Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has.
Margaret Mead



"I am a strong supporter of a service system for people with mental health and addictions that is easy to access and that provides services to people that need them, when they are needed. One of my passions is the Housing First model, a service that provides clients with stable housing with wraparound case management services." Jim Cressos



Meet Jim Cressos: Director, Service Transformation

We are pleased to introduce the Director of Service Transformation, Jim Cressos. Jim brings over 17 years of experience in senior roles at the Ontario Ministries of Community and Social Services, Municipal Affairs and Housing, and has been consulting primarily with community agencies.



Jim has dedicated most of his career to supporting people and their communities, including people with mental health and addiction problems. Some highlights include building program, funding, and implementation frameworks for federal-provincial-municipal affordable housing initiatives, transforming the homelessness prevention system in Ontario, and working with a province-wide Aboriginal organization to grow its organizational capacity to better meet the needs of its hard to serve clients and their communities.

jcressos@cmha-yr.on.ca

Service Coordination Council's responsibilities:

The responsibility of the Service Coordination Council will be to:

- Improve the integration, coordination, and distribution of mental health and addiction services
- Develop a process to resolve access issues for individuals
- Create a 'one-stop shop' for listing all mental health and addiction services, including housing
- Better connect housing and mental health and addiction supports
- Develop stronger partnerships among service providers
- Embed the perspective of people with lived experience and family members into our work in accordance with the Central LHIN Integrated Health Service Plan 2013 – 2016 Quality Based System Direction of Person-Centeredness.

First Service Coordination Council Meeting

We are excited to hold our first meeting and bring all of the great members together. Our first meeting, for members only, will be held on Tuesday January 19, 2016.

SCC meeting agendas, minutes and newsletter will be circulated and available to all stakeholders and interested citizens. We will have more information to share in the next few days.

If you have any comments or questions please reach out to Jim Cressos, jcressos@cmha-yr.on.ca or 904-841-3977 ext. 2223



Don't waste time calculating your chances of success and failure. Just fix your aim and begin.
Guan Yin Tzu

