

The Rising Generation Social Hub

(Ages 19-29)

Wednesdays | Sept 27, Oct 25, Nov 22, Dec 27

4:00 - 5:30pm | Multi-Use Room

Enjoy some social time with your peers. Games, snacks and fun programming will all be part of this casual meetup.

Register for reminders at bit.ly/479eMLz
or just drop in.

Facilitated by Community Connections,
Canadian Mental Health Association



In partnership with

