

Community Connections Presents:

Neurodiversity Affirming SUPPORT GROUP

WEDNESDAYS
FROM 2:30-
3:30PM

In person or
over Zoom!

Join us in the
Lower Aurora
CMHA Office

Register on the
CC Calendar!

Share space with
your peers and
learn mental
health related
tools and skills

15150 Yonge St,
Suite 201,
Aurora

Identify as Autistic, ADHD, AuDHD, or otherwise
neurodivergent? Join us! No formal diagnosis required



Canadian Mental
Health Association
York and South Simcoe
Mental health for all