

Community Connections Presents:

# Neurodiversity Affirming SUPPORT GROUP

WEDNESDAYS  
FROM 1:30-  
2:30PM

In person or  
over Zoom!

Join us in the  
Lower Aurora  
CMHA Office

Register on the  
CC Calendar!

Share space with  
your peers and  
learn mental  
health related  
tools and skills

15150 Yonge St,  
Suite 201,  
Aurora

Identify as Autistic, ADHD, AuDHD, or otherwise  
neurodivergent? Join us! No formal diagnosis required



Canadian Mental  
Health Association  
York and South Simcoe  
*Mental health for all*