AFFIRM
-CAREGIVER-

FOR ALL PARENTS & CAREGIVERS OF TRANS & GENDER DIVERSE YOUTH!

A weekly 7-session group program designed to help parents & caregivers build the confidence & skills they need to best support their Trans and Gender Diverse+ youth. All who support Trans and Gender Diverse+ young people are welcome including adoptive parents, kinship, chosen & foster family.

CMHA Office - 15150 Yonge Street, Aurora, ON

Session Dates, each session will begin at 6pm to 8pm

- October 28th, 2026
- November 4th, 2026
- November 11th, 2026
- November 18th, 2026
- November 25th, 2026
- December 2nd, 2026
- December 9th, 2026

Registration is required by October 28th, 2026

Affirmative RESEARCH

Canadian Mental Health Association York and South Simcoe

Please Scan **QR Code** for Registration (https://www.cognitoforms.com/CanadianMentalHealthAssociationYorkRegion/AffirmCaregiverRegistrationForm)